

Equip Powerlifting

EC Club Competition

14 May 2022

AGE GROUP	DEV	DIV	NAME & SURNAME	BODY WEIGHT	SQUAT					BENCH PRESS					DEAD LIFT					TOTAL (kg)	IPF GL Pts.	POSITION	TEAM POINTS	INCENTIVE BADGE			
					1ST	2ND	3RD	1ST	2ND	3RD	1ST	2ND	3RD														
WOMEN POWERLIFTING																											
Sub Junior	B	69	Heike Groenewald	67.52	120.0	+	127.5	+	135.0	-	60.0	-	60.0	+	65.0	+	122.5	+	127.5	+	130.0	-	320.0	55.63	First	12	Brown
Sub Junior	B	76	Anika Maree	74.21	110.0	+	117.5	+	120.0	+	50.0	+	55.0	+	60.0	-	112.5	+	120.0	+	125.0	+	300.0	49.77	First	12	Blue
Junior	VA	63	Janél Daffue	60.51	92.5	+	100.0	+	105.0	+	47.5	+	52.5	+	55.0	-	107.5	+	115.0	+	117.5	+	275.0	50.82	First	12	Blue
Open	PC	52	Elisabeth Barry	51.02	85.0	+	90.0	+	-	-	35.0	-	35.0	+	37.5	+	90.0	+	100.0	+	110.0	+	237.5	49.01	First	12	Blue
MEN POWERLIFTING																											
Sub Junior	CR	74.0	Micheal Zwart	73.75	120.0	+	127.5	-	127.5	+	65.0	+	70.0	+	72.5	-	145.0	+	165.0	+	190.0	-	362.5	45.02	First	12	Yellow

Women

Side Ref Sibulele	Main Ref Vanesa Lessing	Side Ref Andre Ludik
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Scorer
Vanessa Lessing

Computer
Vanessa Lessing

Spotters
Simon Curtin
David Jali
Mornay Human

Men

Side Ref Sibulele	Main Ref Vanesa Lessing	Side Ref Andre Ludik
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Scorer
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EC Equipped records